

Riverside Church of God in Christ

Sunday School on the Run – Student Guide

Lesson Date: February 1, 2026

Lesson Theme: Living Worthy of the Calling God Has Placed on Our Lives

Key Scriptures (KJV):

Ephesians 4:1–7; Micah 6:8

Lesson Summary:

In this lesson, believers are reminded that salvation by grace carries with it a responsibility to live in a way that honors God. Paul urges the church to walk worthy of their calling by living with humility, patience, love, and unity. Micah echoes this truth by reminding God's people that He requires justice, mercy, and humble obedience. Walking worthy does not mean perfection, but faithful, intentional living empowered by God's grace.

Lesson Objectives:

- Understand what it means to walk worthy of God's calling.
- Recognize the role of grace in sustaining Christian living.
- Identify attitudes and behaviors that reflect humility, love, and unity.
- Apply biblical principles of faithful walking to daily life.

Key Teaching Points:

- God's calling is given by grace, but our walk reflects our obedience.
- Walking worthy involves daily conduct, not occasional actions.
- Unity within the body of Christ strengthens our witness.
- Grace empowers believers to live faithfully, not carelessly.
- Faithful walking is a daily decision, sustained by God's strength.

Life Application:

Believers are encouraged to examine their daily walk at home, work, and in private moments. Walking worthy means trusting God for strength, choosing humility, extending grace to others, and remaining faithful even when life feels demanding.

Reflection Questions:

- What does walking worthy look like in your daily life?
- How does grace help you live out your calling?
- In what areas do you need God to order your steps?
- How can unity and humility strengthen your witness as a believer?

Memory Verse:

"I therefore, the prisoner of the Lord, beseech you that ye walk worthy of the vocation wherewith ye are called." (Ephesians 4:1, KJV)