

Riverside Church of God in Christ

Sunday School on the Run – Student Guide

Lesson Date: February 15, 2026

Lesson Theme: Trusting God When the Outcome Is Uncertain

Key Scriptures (KJV):

Proverbs 3:5–6; Matthew 14:28–31

Lesson Summary:

This lesson teaches believers the importance of trusting God even when the outcome is unclear. Proverbs reminds us to trust in the Lord fully and not depend on our own understanding. The account of Peter walking on water demonstrates that faith requires focus and courage. When Peter shifted his attention from Jesus to the storm, fear caused him to sink. However, Christ immediately extended His hand in grace. The lesson emphasizes that trust is active reliance on God's character, obedience to His voice, and consistency in prayer.

Lesson Objectives:

- Understand what it means to trust God beyond personal understanding.
- Recognize how fear can shift focus away from faith.
- Identify practical ways to acknowledge God in daily decisions.
- Apply principles of faith and trust in uncertain situations.

Key Teaching Points:

- Trust requires surrender of personal control.
- Faith grows when focus remains on Christ rather than circumstances.
- Fear often follows misplaced focus.
- God's grace responds immediately to sincere cries for help.
- Acknowledging God aligns our path with His direction.

Life Application:

Believers are encouraged to examine areas where they rely heavily on their own understanding. Trusting God involves daily prayer, consistent obedience, and maintaining focus on Christ. When uncertainty arises, faith anchors the believer and grace sustains them.

Reflection Questions:

- What situations currently challenge your trust in God?
- How can you maintain focus on Christ during difficult seasons?
- In what areas are you leaning on your own understanding?
- How has God shown His faithfulness during past uncertainties?

Memory Verse:

“Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.” (Proverbs 3:5–6, KJV)